

SPACE MAINTAINERS

A space maintainer has been placed in your child's mouth to maintain the space for erupting permanent teeth.

- The cement which holds the space maintainer on the tooth requires approximately twelve hours to achieve its final set. A soft diet for the rest of the day is recommended.
- Stay away from the following: caramels, taffy, hard candies, ice cubes, extra crunchy food (corn nuts), or any sticky/ chewy food that could cause the space maintainer to become loose.
- Extra effort in brushing and flossing will be required as food debris and plaque will be easily caught in the bands.
- **If the space maintainer becomes loose, remove it and call out office to get it recemented.**

Once the space maintainer is ready for removal, the dentist will remove it. We will evaluate at regular checkups.

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