

EXTRACTIONS

1. Your child has had 1 or more teeth removed due to decay, infection, or eruption issue.
2. The gauze needs to stay in place with biting pressure for 15 minutes. This should stop the active bleeding. If bleeding continues, fold up one of the extra gauzes and have your child bite on it for an additional 30 minutes.
3. Give your child the appropriate dose of children's Tylenol, Motrin or Advil when you take the gauze out. Your child should only need this for approximately 12 to 24 hours. If pain persists beyond 48 hours, call our office. Most kids feel better after the extraction.
4. Your child should eat only soft food for two to three days – nothing crunchy and nothing too hot or cold because the area may be a little sensitive. Encourage plenty of liquids (water, soups, juices, etc.). A regular diet can be started as tolerated by your child.
5. NO SPITTING OR DRINKING THROUGH A STRAW OR SIPPY CUP! This can start the bleeding again.
6. A clean mouth heals faster. Gentle brushing around the extraction site can be started immediately along with warm salt water rinses (1/4 teaspoon to a glass of water) to aid with any discomfort.
7. Activity may need to be limited; sometimes a nap is a good idea. Avoid running, jumping, etc. for 24 hours.
8. Swelling after an extraction is not uncommon and need not cause alarm. Apply an ice pack for 15 minutes on and 15 minutes off as needed in the 24 hours following tooth removal.
9. Your child's cheek, lip and tongue will be numb for approximately 1-2 hours. Please be very careful that your child does not bite at his/her cheek or pick at this area. As this area "wakes up" it may feel funny to your child.

IF YOUR CHILD WAS GIVEN ANESTHETIC (SLEEPY JUICE):

- Your child was given an injection of local anesthesia to numb his/her teeth. Your child's mouth will be sleeping for approximately 1-2 hours. Please watch your child so he/she does not bite his tongue, cheek or lip.
- Please keep your child on a liquid diet until the anesthetic has worn off.

